



SURFERS PARADISE SWIMMING CLUB INC.

2011 RESTRICTED MEET

The Surfers Paradise Swimming club extends an invitation to all your competitively registered swimmers to attend our forthcoming Restricted Meet. This is a non-qualifying Meet.

- Venue:** Guardian Angels, 25m Pool, Edmund Rice Dr. Ashmore.
- Date:** Saturday 12th November 2011
- Time:** Warm-up 8am. Meet commences 9.00am.
- Age:** 6 and under through to 11 and over. Open 100m Events.
Age as at 12th November 2011. Multi Class
- Rules:** Age events are open to any swimmer who has not won a medal at a Swimming Qld or Regional Championship Meet (GRSA, BSA etc.) for that particular stroke, regardless of distance, during the period 12/11/10 to 12/11/11. For example, if a child has won a medal at SQ/BSA/GCRSA in Freestyle, then that child cannot compete in Freestyle irrespective of having a birthday since the date of winning that medal. They cannot swim in 11yr & Over events. They can only swim in the Open 100m events .
- Swimming Queensland rules will apply.
- Disqualifications will not be awarded to children 7 years and under. Rule tolerances will apply in the 8 and 9 years ages at the Referee's discretion.
- Placings:** Placings in all events will be decided by the three fastest times in the heats.
Medals will be presented to 1st, 2nd, 3rd in all 50m age groups and Open events.
Swimmers 7 years & Under will all receive a participation medal and ribbon after the Freestyle event.
THERE WILL BE NO AGE CHAMPION TROPHIES.
- Programmes:** \$4.00 each
- Pool Entry:** Adults \$3.00 & Children \$2.00 - **swimmers & coaches free**



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Events: As per programme attached, all heats will be swum as timed finals. Heats may be combined on the day with approval of the meet referee.

Nomination Fees: \$5.00 per event (inc GST) & \$5.50 per relay team.

Nominations: **Electronic Nominations** via Team Manager (TM). All entries must be made through the club's Race Secretary. Individual entries will not be accepted.

Nominations should be submitted using Team Manager to the email address below.

Manual Nomination to the address below \$6.00 per event.

Nominations can be paid by cheque to: The Surfers Paradise Swimming Club Inc.

Late Nominations or nominations on the day of meet will not be accepted.

Relays: 4x25m Mixed in 3 age groups 6-8yrs, 9-12yrs & 13yrs & Over. Clubs can enter as many teams as they like.

Entries Close: **Electronic Nominations close Friday 28th October 2011**
Manual Nominations close Wednesday 26th October 2011

Email: surfp@qldnet.com.au

Addressed to: **Race Secretary**
The Surfers Paradise Swimming Club
PO Box 480
Ashmore City. Q. 4214.

Enquiries: Race Secretary (Lisa Maher): 0431 823 201

Timekeepers: Timekeepers will be required from each club, based on the number of swimmers per club entry. Lanes will be allotted to clubs, and advised on the carnival day.



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Event	Event name	Style		Qualifying time
1	Girls	Open free	200m	3.30
2	Boys	Open free	200m	3.30
3	Girls	6 yrs Fly	25m	
4	Boys	6 yrs Fly	25m	
5	Girls	7 yrs Fly	25m	
6	Boys	7 yrs Fly	25m	
7	Girls	8 yrs Fly	50m	
8	Boys	8 yrs Fly	50m	
9	Girls	9 yrs Fly	50m	
10	Boys	9 yrs Fly	50m	
11	Girls	10 yrs Fly	50m	
12	Boys	10 yrs Fly	50m	
13	Girls	11 & over Fly	50	
14	Boys	11 & over Fly	50m	
15	Girls	Open Back	100m	1.50
16	Boys	Open Back	100m	1.50
17	Girls	6 yrs Back	25m	
18	Boys	6 yrs Back	25m	
19	Girls	7yrs Back	25m	
20	Boys	7 yrs Back	25m	
21	Girls	8 yrs Back	50m	
22	Boys	8 yrs Back	50m	
23	Girls	9 yrs Back	50m	
24	Boys	9 yrs Back	50m	
25	Girls	10 yrs Back	50m	
26	Boys	10 yrs Back	50m	
27	Girls	11 & over	50m	
28	Boys	11 & over	50m	
29	Girls	Open Fly	100m	1.50
30	Boys	Open Fly	100m	1.50
31	Mixed	6-8 free relay	100m	
32	Mixed	9-12 Free Relay	200m	
33	Mixed	13 & over Free Relay	200m	
34	Girls	6 yrs Breast	25m	
35	Boys	6 yrs Breast	25m	
36	Girls	7 yrs Breast	25m	
37	Boys	7 yrs Breast	25m	



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38	Girls	8 yrs Breast	50m	
39	Boys	8 yrs Breast	50m	
40	Girls	9 yrs Breast	50m	
41	Boys	9 yrs Breast	50m	
42	Girls	10 yrs Breast	50m	
43	Boys	10 yrs Breast	50m	
44	Girls	11 & over Breast	50m	
45	Boys	11 & over Breast	50m	
46	Girls	Open Free	100m	1.40
47	Boys	Open Free	100m	1.40
48	Girls	6 yrs Free	25m	
49	Boys	6 yrs Free	25m	
50	Girls	7 yrs Free	25m	
51	Boys	7 yrs Free	25m	
52	Girls	8 Yrs Free	50m	
53	Boys	8 yrs Free	50m	
54	Girls	9 yrs Free	50m	
55	Boys	9 yrs Free	50m	
56	Girls	10 yrs Free	50m	
57	Boys	10 yrs Free	50m	
58	Girls	11 & over Free	50m	
59	Boys	11 & over Free	50m	
60	Girls	Open Breast	100m	2.00
61	Boys	Open Breast	100m	2.00