



**Redlands Swim Club Inc.
Copper Coast
A Grade Long Course Qualifying Meet
Cleveland Aquatic Centre
Russell Street, Cleveland
Sunday 12th February 2012**

The meet is an A Grade Qualifying Meet sanctioned by Swimming Queensland.

Gates Open:	6.30am
Entry to complex:	Adults: \$2.00 Children: Free
Programs:	\$3.00
Warm up Session 1:	7.00am (800m & 1500m events only)
Start Session 1:	7.30am
Warm Up Session 2	Commencing at conclusion of 800m and 1500m events.
Start Session 2:	8.30am
Nominations:	<p>\$5.00 per event for TM entries. \$6.00 per event for paper nominations (see attached). All nominations are to be submitted through Club Race Secretaries and no individual nominations will be accepted. A Team Manager file is available on request. Age groups for each event are as stated in the program, no exceptions will be made. Incomplete or late entries will not be accepted. Team Manager entries are to be emailed to John Goldsworthy, Race Secretary (0433292300) at racesecretary@redlandsswim.org.au Entries sent electronically must be followed with a print out of the entry report, entry fee report and full entry fees within five (5) working days. Cheques are to be forwarded and made payable to: Redlands Swim Club Inc. PO Box 528 Cleveland 4163.</p>

Closing date for nominations:	Monday 30 th January 2012 (Close of business)
Age:	As at Sunday 12 th February 2012 (Minimum age is 8 years)
Rules:	Swimming Australia & Swimming Queensland rules will apply. One start rule will apply. Feet first entry must be used for back stroke entry. Swimming Australia SWD rules will apply for the Multi-Class events.
Eligibility:	Entry is open to all Swimming Queensland 'Competitive' registered swimmers. Entries from other States or international swimmers will be accepted with clearance from that State or countries swimming body.
Multi-Class:	Multi-class swimmers will be required to present their classification card to the Referee for checking prior to the commencement of the meet. Classifications must be stated on the Meet Entry Report and included on any hard copy nominations.
Medals:	1st, 2nd and 3rd placing will be determined by the fastest three times in each age group (8,9,10,11,12,13,14,15,16 & over) in each event with medals awarded accordingly. Placing in the Multi-Class events will be determined using the Multi-Class Point Score (MCPS) system. Participation ribbons for swimmers 10 years and under will be provided to Clubs for distribution.
Events:	Heats only will be swum in each event. Heats and events may be combined on the day with the approval of the Meet Director. Please advise at the time of nomination if entries in the male 1500m freestyle event require an 800m split time.
BBQ:	A BBQ will be in operation on the day.
Coach Pack:	Each participating Club will receive a Coach's Pack comprising a program, meal and drink voucher.

Note: All Clubs competing are expected to provide timekeepers during the day based on the number of nominated swimmers. Details of lane allocation(s) will be provided to Clubs and also contained in the Meet Program.

All Clubs nominating swimmers in the 800m and 1500m events are required to provide timekeepers for this session.

Note that the 25m Pool is NOT available for warm-up/warm-down.



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Female Event	Distance	Stroke	Age	Male Event
Session One				
1	800m	Freestyle	11yrs & over	
	1500m	Freestyle	12yrs & over	2
Session Two				
3	200m	Freestyle	10yrs & over	4
5	50m	Breaststroke	8yrs & over	6
7	50m	Breaststroke MC	8yrs & over	8
9	100m	Backstroke	10yrs & over	10
11	100m	Backstroke MC	10yrs & over	12
13	200m	Ind. Medley	10yrs & over	14
15	50m	Butterfly	8yrs & over	16
17	50m	Butterfly MC	8yrs & over	18
19	100m	Freestyle	10yrs & over	20
21	100m	Freestyle MC	10yrs & over	22
23	200m	Breaststroke	10yrs & over	24
25	50m	Backstroke	8yrs & over	26
27	50m	Backstroke MC	8yrs & over	28
29	400m	Freestyle	11yrs & over	30
31	100m	Butterfly	10yrs & over	32
33	100m	Butterfly MC	10yrs & over	34
35	200m	Backstroke	10yrs & over	36
37	50m	Freestyle	8yrs & over	38
39	50m	Freestyle MC	8yrs & over	40
41	100m	Breaststroke	10yrs & over	42
43	100m	Breaststroke MC	10yrs & over	44
45	200m	Butterfly	10yrs & over	46
47	400m	Ind. Medley	11yrs & over	48

* MC refers to a Multi-Class Event

